

ORIEL

Menu Week 1	<u>Breakfast</u>	<u>Lunch</u>	<u>Lunch Dessert</u>	<u>Evening Meal</u>
Monday	Cereals Porridge Eggs Toast Jam or Marmalade Fresh fruit Tea or Coffee	Roast Chicken Breast Or Steak & Ale pie Mashed Potatoes Mixed vegetables	Homemade Egg Custard	Selection of Sandwiches Spam or Salmon Yoghurts Cake selection
Tuesday	Cereals Porridge Eggs Toast Jam or Marmalade Fresh fruit Tea or Coffee	Chicken Breast Or Chicken Curry Brown Rice Creamed Potatoes French beans Sweetcorn	Banana Splits	Homemade Leek & Potato Soup Cheese & Biscuits Strawberry Mousse
Wednesday	Cereals Porridge Eggs Toast Jam or Marmalade Fresh fruit Tea or Coffee	Gammon & Cheese sauce Or Fish & Parsley sauce Cauliflower & Broccoli gratin	Warm Black Cherry pie Custard	Fruit Juice Or Creamed Mushrooms Fruit loaf Teacakes Sherry Trifle
Thursday	Cereals Porridge Eggs Toast Jam or Marmalade Fresh fruit Tea or Coffee	Shepard's Pie Runner beans Carrots Or Tuna Pasta Bake Salad	Bread & Butter Pudding Custard	Spaghetti Or Scrambled Egg on Toast Strawberry Mousse Cake selection
Friday	Cereals Porridge Eggs Toast Jam or Marmalade Fresh fruit Tea or Coffee	Scampi Or Egg & Chips Petis Pois Tartar Sauce	Profiteroles & Cream	Open bread Rolls with various fillings Strawberry Ice cream Cake selection

Saturday	Cereals Porridge Eggs Toast Jam or Marmalade Fresh fruit Tea or Coffee	Sausage or Fish Fingers Cheese & Potato Pie Mixed Vegetables Baked Beans	Key Lime Pie	Selection of Sandwiches Ham or Jam Fruit Cocktail Cake Selection
Sunday	Cereals Porridge Eggs Toast Jam or Marmalade Fresh fruit Tea or Coffee	Roast Topside of Beef or Chicken Fillets Yorkshire pudding Roast Potatoes Mashed Potatoes Cauliflower Cheese Carrots	Eve's Pudding Custard	Melon Cocktail Selection of Sandwiches Chicken or Cheese Cake selection
<p>Mid morning everyday: Tea, Coffee, Hot Chocolate Biscuits or Fruit A selection of cold drinks, fruit juices & water are available throughout the day</p>		<p>Afternoon Tea everyday: Tea, Coffee, Biscuits or Fruit An assortment of Cakes</p>		
<p>Supper Hot or Cold Drinks Sandwiches or Cheese & Biscuits Cooked breakfasts are available Menus are subject to change</p>				

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Menu Week 2	<u>Breakfast</u>	<u>Lunch</u>	<u>Lunch Dessert</u>	<u>Evening Meal</u>
Monday	Cereals Porridge Eggs Toast Jam or Marmalade Fresh fruit Tea or Coffee	Cottage Pie with Cheese Topping Or Breaded Fish Portion Sliced Green beans Mashed Swede	Pear & Hazelnut Flan Custard	Omelette with Salad garnish Mandarins Cream Cake selection
Tuesday	Cereals Porridge Eggs Toast Jam or Marmalade Fresh fruit Tea or Coffee	Char grilled Chicken Breast Or Chicken Fillets Boiled Potatoes Broccoli Sweetcorn	Jam Sponge Custard	Homemade Soup Vegetable Selection of Sandwiches Prawn or salad Cream Slices
Wednesday	Cereals Porridge Eggs Toast Jam or Marmalade Fresh fruit Tea or Coffee	Roast leg of Pork Apple sauce Or Chicken Breast Roast potatoes Mashed Potatoes Cabbage Cauliflower	Treacle Roly Poly Sponge Custard	Selection of Sandwiches Beef Cheese Fresh Fruit Salad Cream Cake selection
Thursday	Cereals Porridge Eggs Toast Jam or Marmalade Fresh fruit Tea or Coffee	Sausage Casserole Mashed Potatoes Mashed Parsnips French beans Or Cheese Salad	Apple Meringue Pudding	Scrambled Egg on Toast Tomatoes on Toast Orange Jelly Cake selection
Friday	Cereals Porridge Eggs Toast Jam or Marmalade Fresh fruit Tea or Coffee	Salmon Fillet with Hollandaise sauce Or Cold Meat Farmhouse mixed Vegetables Croquette potatoes Tinned potatoes	Baked Rice Pudding	Selection of Sandwiches Cream Cheese & Cucumber Turkey Crème caramel Scones & Jam

Saturday	Cereals Porridge Eggs Toast Jam or Marmalade Fresh fruit Tea or Coffee	Turkey & Leek Pie Or Fish Mashed Potato Petis Pois Broccoli	Banana & Custard	Selection of Sandwiches Tuna & Mayo Ham Tomato Garnish Peaches & Cream Cake selection
Sunday	Cereals Porridge Eggs Toast Jam or Marmalade Fresh fruit Tea or Coffee	Roast Chicken Savoury Stuffing Roast Potatoes Creamed Potatoes Brussel Sprouts Carrots	Tiramisu	Pate & Melba Toast Corned Beef & Egg Salad Corned Beef or Egg Sandwiches Cake selection
<p>Mid morning everyday: Tea, Coffee, Hot Chocolate Biscuits or Fruit</p> <p>A selection of cold drinks, fruit juices & water are available throughout the day</p>		<p>Afternoon Tea everyday: Tea, Coffee, Biscuits or Fruit An assortment of Cakes</p>		
<p>Supper Hot or Cold Drinks Sandwiches or Cheese & Biscuits</p> <p>Cooked breakfasts are available</p> <p>Menus are subject to change</p>				

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Menu Week 3	<u>Breakfast</u>	<u>Lunch</u>	<u>Lunch Dessert</u>	<u>Evening Meal</u>
Monday	Cereals Porridge Eggs Toast Jam or Marmalade Fresh fruit Tea or Coffee	Omelette Fried Egg Chips or Mash Salad Peas	Jam Roly Poly Sponge Custard	Fish Fingers Baked Beans Beans on Toast Fruit Cocktail Cream Cake selection
Tuesday	Cereals Porridge Eggs Toast Jam or Marmalade Fresh fruit Tea or Coffee	Somerset Pork Casserole Creamed Potatoes Broad Beans Cabbage Or Cheese & Onion Quiche Salad	Fruit of the Forest Cheesecake	Sardines Spaghetti on Toast Choc Ices Cake selection
Wednesday	Cereals Porridge Eggs Toast Jam or Marmalade Fresh fruit Tea or Coffee	Steak Pie Cheese Leek & Potato Pie Leeks Broccoli	Stewed Apples Custard	Bacon Stewed Tomatoes Hash Browns Lemon Fruit mousse Cake selection
Thursday	Cereals Porridge Eggs Toast Jam or Marmalade Fresh fruit Tea or Coffee	Coated Chicken Creamed Potatoes Carrots Sweetcorn Or Chicken Curry Rice	Chocolate & Orange Sponge Custard	Open Bread Rolls Cheese Egg & Cress Pickles Crisps Fruit Trifle Dream Topping Cake selection
Friday	Cereals Porridge Eggs Toast Jam or Marmalade Fresh fruit Tea or Coffee	Fish in Breadcrumbs Mash Potatoes Peas Or Macaroni Cheese	Banana Cream Flan	Melon Cocktail Selection of Sandwiches Pork & Stuffing Salad Arctic Roll

Saturday	Cereals Cereals Porridge Eggs Toast Jam or Marmalade Fresh fruit Tea or Coffee	Sausage Egg & Petis Pois Crispy Potatoes Creamed Potatoes Cauliflower Cheese	Mandarin & Coffee Gateau	Butternut squash Soup Chicken Sandwiches Chicken Salad Strawberry Jelly
Sunday	Cereals Porridge Eggs Toast Jam or Marmalade Fresh fruit Tea or Coffee	Roast Lamb Mint Sauce New, Roast or Mashed Potatoes Parsnips Cauliflower Sprouts	Stewed Rhubarb Custard	Selection of Sandwiches Salmon Tomato & Lettuce Yoghurts Cake selection
<p>Mid morning everyday: Tea, Coffee, Hot Chocolate Biscuits or Fruit A selection of cold drinks, fruit juices & water are available throughout the day</p>		<p>Afternoon Tea everyday: Tea, Coffee, Biscuits or Fruit An assortment of Cakes</p>		
<p>Supper Hot or Cold Drinks Sandwiches or Cheese & Biscuits Cooked breakfasts are available Menus are subject to change</p>				

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Menu Week 4	<u>Breakfast</u>	<u>Lunch</u>	<u>Lunch Dessert</u>	<u>Evening Meal</u>
Monday	Cereals Porridge Eggs Toast Jam or Marmalade Fresh fruit Tea or Coffee	Minced Steak Creamed Potatoes Mashed Swede Sliced beans Or Chilli Con Carne	Blackcurrant Sponge Custard	Smoked Haddock Kippers Bread & Butter Mango Sorbet Cake selection
Tuesday	Cereals Porridge Eggs Toast Jam or Marmalade Fresh fruit Tea or Coffee	Sausage Onion Gravy Mashed Potato Broccoli Cauliflower Or Prawn Salad	Apple Crumble Cream	Chicken Soup Selection of Sandwiches Spam Tuna Chocolate Eclairs
Wednesday	Cereals Porridge Eggs Toast Jam or Marmalade Fresh fruit Tea or Coffee	Roast Turkey Stuffing Roast & Boiled Potatoes Sprouts Carrots Or Fish	Semolina Jam Sauce	Tomato or Poached Egg on Toast Orange Jelly Cream Cake selection
Thursday	Cereals Porridge Eggs Toast Jam or Marmalade Fresh fruit Tea or Coffee	Beef Hot Pot Potato Mash Cabbage Peas Or Fish Sweet Potato	Pineapple Upside Down Cake Custard	Cheese & Potato Pie Baked Beans Pears & Cream Cake selection
Friday	Cereals Porridge Eggs Toast Jam or Marmalade Fresh fruit Tea or Coffee	Fish Pie Chips Or Cold meats Mixed Vegetables Homemade Fish Cakes	Treacle Roly Poly Custard	Salmon or Beef Cobs Raspberry Ripple Slice Cake selection

Saturday	Cereals Porridge Eggs Toast Jam or Marmalade Fresh fruit Tea or Coffee	Chicken Pie Or Fish Creamed Potatoes Whole Green beans Leeks	Peaches & Custard	Selection of Sandwiches Ham Cheese Raspberry Mousse Slice
Sunday	Cereals Porridge Eggs Toast Jam or Marmalade Fresh fruit Tea or Coffee	Roast Pork Crackling Stuffing Apple Sauce Roast Potatoes Mashed Potatoes Sliced Carrots Broccoli	Black Forest Gateaux	Corned Beef Salad Sandwiches Corned beef Cream Cheese Fruit Cocktail Cake selection
<p>Mid morning everyday: Tea, Coffee, Hot Chocolate Biscuits or Fruit A selection of cold drinks, fruit juices & water are available throughout the day</p>		<p>Afternoon Tea everyday: Tea, Coffee, Biscuits or Fruit An assortment of Cakes</p>		
<p>Supper Hot or Cold Drinks Sandwiches or Cheese & Biscuits Cooked breakfasts are available Menus are subject to change</p>				